


SWEET DREAMS

Choreographer. Martie Papendorf .South Africa.

64 COUNTS,4 WALLS, BEGINNER /EASY IMPROVER DANCE

Choreographed to: Sweet Dreams Are Made Of This on Sweet Dreams (Are Made Of This) by The Eurythmics ([Search For Music](#))  (125 BPM)

MUSIC AVAILABLE--Sweet Dreams Are Made Of This on Sweet Dreams (Are Made Of This) by The Eurythmics. 

Intro: 16 counts, start on vocals.

1 SIDE, TOUCH, KICK, KICK, SIDE, TOUCH, SIDE, TOUCH

1-4 Step L to L, Touch R next to L, Low Kick R fwd 2x

5-8 Step R to R, Touch L next to R, Step L to L, Touch R next to L (12.00)

2 CRABWALK R -SIDE, STEP, SIDE, STEP, SIDE, STEP, SIDE, TOUCH or

(DOWN, UP, DOWN, UP, DOWN, UP, DOWN, TOUCH)

1-2 Step R small step R dropping R shoulder (raise L shoulder), Step L next to R leveling shoulders

3-8 Repeat ending in a touch on L foot

3 SIDE, TOUCH, SIDE, TOUCH, FORWARD RUN, HOLD

1-4 Step L to L, touch R next to L, step R to R, touch L next to R

5-8 Shuffle/ Run fwd 3 small steps L, R, L, HOLD

4 SIDE, TOUCH, SIDE, TOUCH, BACKWARD RUN, HOLD

1-4 Step R to R, Touch L next to R, Step L to L, Touch R next to L

5-8 Shuffle / Run 3 small steps back R, L, R, HOLD

5 CROSS ROCK, SIDE, HOLD, CROSS ROCK, SIDE, HOLD

1-4 Rock L across R, Recover on R, Step L side, HOLD (arms raised to shoulder height)

bent at elbows opposing leg movement)

5-8 Repeat on R

6 CROSS ROCK, TURN, HOLD, CROSS ROCK, SIDE, HOLD

1-4 Rock L across R, turn $\frac{1}{4}$ L stepping R back, step L to L side, HOLD 9.00

5-8 Rock R across L, recover to L, step R to R side, HOLD

7 SIDE, TOUCH, SIDE TOUCH, CHASSE LEFT, TOUCH

1-4 Step L to L, touch R next to L, step R to R, touch L next to R

5-8 Step L to L side, close R next to L, step L to L side, touch R next to L

8 SIDE, TOUCH, SIDE TOUCH, CHASSE RIGHT, TOUCH

1-4 Step R to R, touch L next to R, step L to L, touch R next to L

5-8 Step R to R, close L next to R, step R to R, touch L next to R

Demo by [WENDYLIN line dance\(Taipei\)](#) / WENDYLIN7594

YouTube URL-

<http://www.youtube.com/watch?v=yeHxLUOUvbI>